

SUNDAY
<b>11:00AM South Lake Charles Serenity Group</b> , 5720 Perry Ln., Lake Charles, LA, 70605 <b>(D)</b>
<b>NOON Lake City Freedom</b> , 3032 Common St, Lake Charles, LA, 70601 <b>(O,D)</b>
<b>1:00PM Spirit of the Bayou Group</b> , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 <b>(C,D,To)</b>
<b>4:00PM The Recovery Group</b> , 500 North 6th St., Leesville, LA, 71446 <b>(O,D,NS)</b>
<b>8:00PM Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>
MONDAY
<b>11:00AM South Lake Charles Serenity Group</b> , 5720 Perry Ln., Lake Charles, LA, 70605 <b>(D)</b>
<b>NOON Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>
<b>6:00PM Lake City Freedom</b> , 3032 Common St., Lake Charles, LA, 70601 <b>(O,D,To)</b>
<b>6:30PM South Lake Charles Serenity Group</b> , 5720 Perry Ln., Lake Charles, LA, 70605 <b>(D)</b>
<b>6:30PM The Recovery Group</b> , 500 North 6th St., Leesville, LA, 71446 <b>(BK,NS)</b>
<b>7:00PM Spirit of the Bayou</b> , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 <b>(O,D,To)</b>
<b>8:00PM Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>
TUESDAY
<b>NOON Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,BK)</b>
<b>6:00PM Lake City Freedom</b> , 3032 Common St., Lake Charles, LA, 70601 <b>(O,D,LT)</b>
<b>6:30PM The Recovery Group</b> , 500 North 6th St., Leesville, LA, 71446 <b>(D,To,NS)</b>
<b>7:00PM Spirit of the Bayou</b> , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 <b>(O,D)</b>
<b>8:00PM Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>

WEDNESDAY
<b>11:00AM South Lake Charles Serenity Group</b> , 5720 Perry Ln., Lake Charles, LA, 70605 <b>(D)</b>
<b>NOON Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,JT)</b>
<b>6:00PM Lake City Freedom</b> , 3032 Common St., Lake Charles, LA, 70601 <b>(O,D)</b>
<b>6:30PM South Lake Charles Serenity Group</b> , 5720 Perry Ln., Lake Charles, LA, 70605 <b>(D)</b>
<b>6:30PM The Recovery Group</b> , 500 North 6th St., Leesville, LA, 71446 <b>(BK,NS)</b>
<b>7:00PM Spirit of the Bayou</b> , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 <b>(O,B)</b>
<b>8:00PM Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>
THURSDAY
<b>NOON Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,BT)</b>
<b>6:00PM Lake City Freedom</b> , 3032 Common St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>
<b>6:30PM The Recovery Group</b> , 500 North 6th St., Leesville, LA, 71446 <b>(D,To,NS)</b>
<b>7:00PM Dequincy NA</b> , 201 S. Pine St., Dequincy, LA, 70633 <b>(O,D)</b>
<b>7:00PM Spirit of the Bayou</b> , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 <b>(O,BT)</b>
<b>8:00PM Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>
FRIDAY
<b>11:00AM South Lake Charles Serenity Group</b> , 5720 Perry Ln., Lake Charles, LA, 70605 <b>(D)</b>
<b>NOON Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>
<b>6:00PM Lake City Freedom Group</b> , 3032 Common St., Lake Charles, LA, 70601 <b>(O,CL,D)</b>
<b>6:30PM South Lake Charles Serenity Group</b> , 5720 Perry Ln., Lake Charles, LA, 70605 <b>(D)</b>

<b>6:30PM The Recovery Group</b> , 500 North 6th St., Leesville, LA, 71446
<b>7:00PM Spirit of the Bayou</b> , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 <b>(O,D,To)</b>
<b>8:00PM Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,D,JT)</b>
SATURDAY
<b>11:00AM South Lake Charles Serenity Group</b> , 5720 Perry Ln., Lake Charles, LA, 70605 <b>(D)</b>
<b>NOON Agape</b> , Agape, 1217 Broad St., Lake Charles, LA, 70601 <b>(To)</b>
<b>1:00PM Spirit of the Bayou</b> , 3310 Maplewood Dr., Sulphur, LA, 70663 <b>(SG)</b>
<b>6:00PM Lake City Freedom</b> , 3032 Common St., Lake Charles, LA, 70601 <b>(O,D,To)</b>
<b>6:00PM Spirit of the Bayou</b> , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 <b>(O,D,To)</b>
<b>6:30PM The Recovery Group</b> , 500 North 6th st., Leesville, LA, 71446
<b>8:00PM Agape</b> , 1217 Broad St., Lake Charles, LA, 70601 <b>(O,CL)</b>

MEETING FORMAT LEGEND			
B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
JT	Just for Today	LT	Literature Study
NS	No Smoking	O	Open
SG	Step Working Guide	To	Topic

## PHONE NUMBERS

[illegible]

# **What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

*Basic Text, page 65*

**The message is that an addict,  
any addict, can stop using drugs,  
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and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, *page 65*



**LOUISIANA REGION 24 HOUR  
HELPLINE  
(585) DONT-USE  
((585) 366-8873)**

**<https://lakena.org>**

**DON'T USE no matter what**  
**Ask your Higher Power to keep you clean**  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**  
**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 44