

SUNDAY
NOON Lake City Freedom , 3032 Common St, Lake Charles, LA, 70601 (O,D)
1:00PM Spirit of the Bayou Group , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 (C,D,To)
4:00PM The Recovery Group , 500 North 6th St., Leesville, LA, 71446 (O,D,NS)
8:00PM Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,D,JT)
MONDAY
NOON Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,D,JT)
6:00PM Lake City Freedom , 3032 Common St., Lake Charles, LA, 70601 (O,D,To)
6:30PM The Recovery Group , 500 North 6th St., Leesville, LA, 71446 (BK,NS)
7:00PM Spirit of the Bayou , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 (O,D,To)
8:00PM Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,D,JT)
TUESDAY
NOON Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,BK)
6:00PM Lake City Freedom , 3032 Common St., Lake Charles, LA, 70601 (O,D,LT)
6:30PM The Recovery Group , 500 North 6th St., Leesville, LA, 71446 (D,To,NS)
7:00PM Spirit of the Bayou , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 (O,D)
8:00PM Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,D,JT)
WEDNESDAY
NOON Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,JT)
6:00PM Lake City Freedom , 3032 Common St., Lake Charles, LA, 70601 (O,D)
6:30PM The Recovery Group , 500 North 6th St., Leesville, LA, 71446 (BK,NS)
7:00PM Spirit of the Bayou , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 (O,B)

8:00PM Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,D,JT)
THURSDAY
NOON Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,BT)
6:00PM Lake City Freedom , 3032 Common St., Lake Charles, LA, 70601 (O,D,JT)
6:30PM The Recovery Group , 500 North 6th St., Leesville, LA, 71446 (D,To,NS)
7:00PM Dequincy NA , 201 S. Pine St., Dequincy, LA, 70633 (O,D)
7:00PM Spirit of the Bayou , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 (O,BT)
8:00PM Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,D,JT)
FRIDAY
NOON Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,D,JT)
6:00PM Lake City Freedom Group , 3032 Common St., Lake Charles, LA, 70601 (O,CL,D)
6:30PM The Recovery Group , 500 North 6th St., Leesville, LA, 71446
7:00PM Spirit of the Bayou , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 (O,D,To)
8:00PM Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,D,JT)
SATURDAY
NOON Agape , Agape, 1217 Broad St., Lake Charles, LA, 70601 (To)
1:00PM Spirit of the Bayou , 3310 Maplewood Dr., Sulphur, LA, 70663 (SG)
6:00PM Lake City Freedom , 3032 Common St., Lake Charles, LA, 70601 (O,D,To)
6:00PM Spirit of the Bayou , Lyon's Club, 3310 Maplewood Dr., Sulphur, LA, 70663 (O,D,To)
6:30PM The Recovery Group , 500 North 6th st., Leesville, LA, 71446
8:00PM Agape , 1217 Broad St., Lake Charles, LA, 70601 (O,CL)

MEETING FORMAT LEGEND			
B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
JT	Just for Today	LT	Literature Study
NS	No Smoking	O	Open
SG	Step Working Guide	To	Topic

PHONE NUMBERS

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

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Basic Text, *page 65*



**LOUISIANA REGION 24 HOUR
HELPLINE
(585) DONT-USE
((585) 366-8873)**

<https://lakena.org>

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 36